

August 2016

(Total Pages 68)

Price Rs. 20/-



Chinmaya Sandesh



Monthly Newsletter of Chinmaya Mission, Mumbai
Chinmaya Sandesh - Lotus XXXXIV, Petal 8, 3rd & 4th August, 2016



Tara Cultural Trust Sandeepany Sadhanalaya, Powai



*All members & well-wishers of
Chinmaya Mission are cordially invited for the*

Deeksha Ceremony of the Brahmacharins of 16th Vedanta Course

by Puja Swami Tejomayanandaji

(Head of Chinmaya Mission World Wide)

in the holy presence of

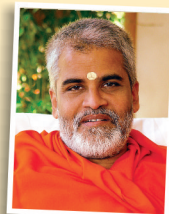
Puja Swami Brahmanandaji

(Trustee, CCMT & Regional Head, Karnataka)

on the auspicious day of

Shree Ganesh Chaturthi

on Monday 5th September 2016



Programme

6.00 am to: Ganesh Atharvashirsha Sahasravartan with

8.30 am Abhisheka at Shree Jagadeeshwara Temple.

8.45 am : Breakfast followed by visit to Chinmaya Pradeep
and Puja Gurudev's Kutiya

11.00 am : Report by Swami Bodhatmanandaji followed by
Deeksha Initiation of Brahmacharins
at Saraswati Nilayam

12.30 pm : Lunch Prasad

Smt. Tara Sarup
(Managing Trustee)

Swami Bodhatmananda
(Resident Acharya)

॥ स्वाध्याय प्रवचनाभ्यां न प्रमदितव्यम् ॥
Study the scriptures. Share the knowledge.

Chinmaya Sandesh

August 2016 Spiritual Monthly Bulletin of Mumbai.

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About us :

Annual Membership Rs. 500/-.

Cheque to be issued in favour of "*Chinmaya Seva Trust*".

Outstation cheques please add Rs. 50/-.

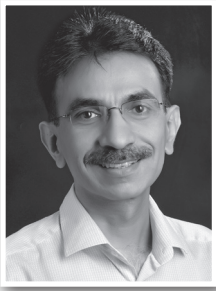
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From the President's Desk



Om Shree Chinmaya Sadgurave Namah!

3rd August is “Maha-Samadhi” day of Pujya Gurudev. One day in 1992, a devotee, being concerned about Pujya Gurudev’s delicate health and age, asked him, “Swamiji, is it true that the Guru’s blessings to his devotees increase after he has dropped the body?”

Pujya Gurudev answered “*If he is a real Guru, he will have dropped his body long ago. The physical Guru you think you see before you is only the mind’s projection. The real Guru is always there, ready to bless you*”.

Through the BMI chart, Pujya Gurudev has taught us about our true identity which is beyond Body, Mind & Intellect. Pujya Gurudev, a realized master, had

indeed dropped his body long ago. There are many incidences which demonstrate that he was beyond the body. He had endured pain of a bleeding injury but continued and gave the entire lecture.

On one occasion when a devotee was hesitant to look at him while taking insulin injection on his thighs, Pujya Gurudev said “*don’t worry, when I say I am not the body - I am not the body*”. Due to our ignorance, we identify with him through his physical body and form. But as mentioned above, “*the real Guru is always there*”.

Do we all not experience his eternal presence? He is always there to bless us, guide us, inspire us and take us with him. That devotee’s question is positively answered by Him. Yes, Pujya Gurudev’s grace and blessings are always there. We all can see this in the immense growth of Chinmaya Mission all over the world.

So many new centers are established, new institutions are set up and new projects are taken up. And now, Mission is setting up “Chinmaya Vishwavidyapeeth”, a university in the fields of Sanskrit,

Indic Wisdom and Performing Arts. All this has happened by the sincere and dedicated efforts of our Acharyas and devotees under able leadership of Pujya Guruji, who after the Maha-Samadhi of Pujya Gurudev has said *“till now we have seen His Roop Leela but now we will see His Naam Leela”*.

It is His Leela in the form of His grace and blessings that the Mission has grown many folds in its activities and reach. We must support and take forward His vision and mission.

For many, 15th August is like just another holiday and people make plans to go out on a short vacation. But, we must keep in mind that this “Independence” did not come easily. It came as a result of decades of perspiring struggle and sacrifice of blood by thousands.

Pujya Gurudev himself was a freedom fighter and when India became independent, He said *“India is free but not Indians”*. He knew that mere political freedom was not enough and what was required was empowering people with the right knowledge. He tirelessly worked for the revival of our culture, thus empowering and transforming us through the wisdom of Vedanta. He set up

many educational, medical, social & rural development institutions. Pujya Gurudev, a great teacher, a visionary, a missionary is truly the Pride of India and therefore we chant *“Bharat Gauravaya Namah”* as one of His 108 names. Let us draw inspiration from Him and resolve to build a greater and glorious nation.

Shravan Maas is a month of festivals and “Janmashtami” is special among them. *“Krishnam Vande Jagatgurum”*- Lord Krishna is indeed the greatest Guru who gave us “Geeta” the essence of all scriptures. Pujya Gurudev is our Krishna. He brought the Geeta to our homes. So, as the greatest offering to Pujya Gurudev for the centenary year, Chinmaya Mission has decided to make available the “Holy Geeta” book in all languages published by CCMT “free” to all the seekers coming to our centers and book stalls. The “Geeta Project” shall be launched on Maha-Samadhi day i.e. on 3rd August this year. Pujya Guruji has announced that “the Geeta will not be sold hereafter”. Let us Go *Through Geeta and Grow Through Geeta*.

Unto Him Our Best.

Mukul Patel

President -

Chinmaya Mission Mumbai

Chinmaya Chintan

Mission and Vision

Swami Chinmayananda



God alone does nothing. He is akartā abhoktā. Man must strive to improve the world. Man alone, also, would not be able to do anything. He needs the blessings of God, the blessings of nature.

The need for an organisation

Even though spirituality and religion should not be organised, it can be unfolded. Spiritual vitality can be unfolded within the bosom of man, only in perfect liberty and freedom. The world today has moved to a situation wherein nothing can be done without organisation. Even to bless the society, to spread the values of life, organisation has become very important and

necessary. The Hindu tradition is not in organisation. In Vedic days, such organisations were not there.

So, if you look for sanction for organised religion, the sanction of the Vedic books, you will find none. But as the number of people in the society increased, when the problems of the community became multiplied, religion as it was practised then could no longer sustain the needs or answer the needs of the community.

And thus the puranic days came when religion first started conforming itself in an organisation, centered in the various temples in India.

But even at that time, there was only a minimum number of them - Badrinath, Benaras, Rameshwaram and Dwaraka. Soon, five hundred years before Christ, organisation became more urgently needed and the first Hindu who brought organisation in religion was Lord Buddha.

Buddha had to organise his team of workers, uniformed as bhikshus, through centres called Buddha Vihars. Within another six or seven hundred years, Buddhism flourished and then became very very decadent, and thus the Indian spiritual atmosphere became very chaotic. Hinduism also decayed, Buddhism also decayed. Spiritual values decayed.

It was at that time, that Adi Sankara appeared on the horizon and brought about a certain amount of swift organisation into Hinduism. More and more temples were made. Temples became prominent in society and these temples became community inspiration centres, from where spiritual ideas and thoughts were spread out into the community. Even these temples slowly in time could no longer inspire the members of the community and they also reached a point of decadence.

Missions for Effective Functioning

Again, in the 19th century, Vivekananda tried to organise and a Ramakrishna Mission came into being. Such Missions are organisations for the purpose of developing, perpetuating and spreading spiritual values and religious ideologies, moral ideals and ethical values.

There are Christian Missions, Islamic Missions, Buddhist Missions, Hindu Missions, and World Missions. We view them as organisations, wherein inspired people come together to work and serve in the society for the spread of the spiritual values and improve the tempo of life, the moral quality of the community.

After Ramakrishna and Vivekananda's time, the great Acharyas, whenever they appeared, got a number of followers who organised themselves for the purpose of their own self-development. Many Missions came about. Each Acharya was, in his lifetime, able to inspire a large number of people to organise themselves so that they were more effective in their work.

The Vision behind the Mission

These Missions have been created as a result of a lot of human effort, a lot of sincerity, a lot of social sacrifices in creating edifices temples, schools, hospitals, colleges, but after all that, as soon as the master goes away, the Mission collapses because our loyalty is to the personalities, individuals and not to the ideal.

We are not inspired by the philosophy. We do not have the vision, but the Mission's membership only. We are not inspired by the ideal that our teachers stood for. We have to change that attitude. Otherwise, we will never be able to organise ourselves for the development of our society.

Elasticity of Vision

Missions can succeed only if there is proper vision. Again, there are instances where a Mission holds on to the old vision and is not prepared to change with the time and adapt the vision to the changed requirements of modern times.

If that elasticity is not there in the vision, that Mission becomes redundant. It is not that the vision was wrong, but societies are constantly changing and if

the Mission and its vision is not elastic enough to accommodate new demands of the community, the Mission fails. This is not the quality of Hinduism. Hinduism has been constantly changing.

Whenever there was a need in the society, it had embraced society's new dimensions. When cultural revolutions lose this elasticity, religion becomes a dead carcass and such religions are dropped from society. The Romans, the Greeks, *the Egyptians — these cultures, all these religions had their own spiritual values. Their pattern of spiritual values was not wrong. They had served the societies in those periods of history, but when new throbs came, the old ideas could not change. They became inelastic and unyielding and therefore these cultures were dropped out.

Our culture has this living vivacity to answer the new throbs of society. Hinduism has been constantly changing according to the needs of the society. The vision of the rishis always kept expanding and reflected the needs of the people; therefore, they were able to accommodate and reorganise to suit new throbs and ambitions and inspirations of the community. During the Vedic period, there was a culture.

A time came, when the Vedic society changed. Population increased and power politics brought new customs and rituals during the puranic age. Even that had changed during the Buddhist time. By Adi Sankara's time, it made new dimensions. By Ramakrishna's time it changed further. The fundamentals remaining the same, its application changed from time to time, according to the needs of the community.

Then in the 19th century, Swami Vivekananda came and according to the needs of the society, the great master, in his splendid wisdom, decided to go to America and preach Hinduism to Hindus from America.

Let us not forget that Vivekananda did not go to teach Americans; he went to America to talk Hinduism for the Hindus, because, Hindus here, the intelligentsia were looking to the west. Because everybody was looking towards the west the master decided, "I will go to the west and preach Vedanta from there". That was necessary as India was under foreign rule for a long period of time.

I am telling you this historicity of the development to point out

that there is a throbbing liveliness in our Indian culture and that is the simple reason why Hinduism has lived so long in spite of the tremendous cataclysm of history that has passed through it.

In spite of political break up, economic strife, in spite of underdevelopment and all that, the culture of India has not yet gone. In spite of secularism, in spite of saying that there is no religion, in spite of everything, corruption, immorality and characterlessness individually even today, the Hindu culture has not gone.

Clarity of Vision

Under these circumstances, if today's Masters want to sustain the work in the community, and when a large number of people are following them, what else can they do but to start Missions.

But we, as members of it, can serve our Master only when our vision is clear. You must remember the principles that are being inculcated by the Master. You should keep the vision in your heart. Only then, the Mission can serve the society.

A Mission without a vision is a sheer waste of time and human energy. We must develop an

attitude to serve our fellow men, through schools, hospitals or dispensaries or any other organised institutions and social welfare centres. So long as this vision is not clear, the Mission loses its effectiveness in the community.

Living upto an Ideal

The world around is not organised by you or me. The circumstances that you and I find are not ordered by ourselves. It is contributed to by various factors.

We have to adjust ourselves in such a way that we are efficient and capable of meeting these challenges. We have only the freedom to tune ourselves in the world around. This tuning and adjusting and conditioning is not possible and easy unless there is complete integration within ourselves. Thus we develop a faith in a higher reality, God, and thereafter the ideal, the goal, becomes more and more clear.

This picture of the ideal is a concept of God for a devotee; supreme love, supreme kindness, supreme mercy, beauty of beauty, strength of strength. When this concept of the ideal is maintained in our mind, we are able to understand how far we are going

*The vision is not
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to live up to the
vision, that Mission
cannot die.*

away, deflecting from that ideal in our physical behaviour, in our emotional feelings or in our intellectual judgement.

When I compromise with the ideal, I act immorally, but when the mind returns, my own intellect questions my mind, "Fool, why did you do it?" My mind has no answer to this pang of self-accusation. My own wisdom I have insulted.

This angle of vision is called the conscience prick. So, to live in devotion to an ideal, this self-discipline is needed. It is the true backbone of all religions. Whoever does it is the true member of any Mission.

A Mission can sustain itself and endure and serve the society only when the members are tenderly holding on to that vision.

This idea has completely gone out of the society, not only in Hinduism, but in all religions of the world. To that extent, reverence among the youngsters has also been lost. They think it is only another organisation with vested interests. Learn to keep a vision. Learn to have an ideal. Discover it in yourself. Nobody else can give it to you. True heroism is in living uncompromisingly to your ideal. The world may threaten you. The community will not easily leave you free. But he is the hero who defiantly stands, firmly rooted in his own conviction. It is that one, even a single individual who inspires the entire population, who is the true hero and inspires the entire generation and generations thereafter.

This uncompromising heroism of living up to the ideal is the very

core of our Avatars. Whether it is Krishna or Rama, what is that we glorify in them? They had heroism in their life. Otherwise they were like other human beings. We worship them, we revere them because they had the heroism to live up to their ideal. Living up to their ideals was not easy.

In our own times, two thousand years ago, the Jesus who tried to live his life was put on the Cross. Mahatma Gandhi was killed with bullets. But what does it matter? One day everyone has to die. You have not taken a contract that you will die in a hospital bed, surrounded by wife and children. Once you have found the joy and glory why not die living up to your ideal? That consciousness can arise in you when the vision is clear. He who has got a vision rises to the highest.

The vision is not in paper, it is not written in a constitution. It must be enshrined in the hearts and minds of everyone. And where there is a vision, if even a single member has developed and cultivated this courage, this heroism to live up to the vision, that Mission cannot die. It is such a Mission that can serve the society, the community and the world at large.

Source : Tapovan Prasad, March 2004

Tejomayam

The Six-fold Factors of Surrender

Swami Tejomayananda



The vaiṣṇava sampradāya describes the six-fold factors of surrender as :

1. Entertaining favourable thoughts
2. Renouncing unfavourable thoughts
3. Having firm faith that God will protect
4. Actually seeking refuge in the Lord
5. Submitting oneself completely to the mercy of the Lord, and
6. Expressing one's total helplessness

अनुकूलस्य संकल्पः
प्रातिकूल्यस्य वर्जनम् ।
रक्षिष्यति इति विश्वासः
गोप्तृत्ववरणं तथा ।
आत्मनिक्षेपकार्पण्ये
षड्विधा शरणागतिः ॥

anukūlasya saṅkalpaḥ
prātikūlyasya varjanam ।
rakṣiṣyati iti viśvāsaḥ
goptatvavaraṇam tathā ।
ātmanikṣepakārpaṇye
ṣaḍvidhā śaraṇāgatiḥ ॥

1. Entertaining favourable thoughts (anukūlasya saṅkalpaḥ)

First there must be the thought,
“I want the Lord, I want to reach

Him. I am willing to do anything that is conducive to my reaching Him. I will make myself fit for receiving His grace. I will equip my mind with the qualities that are required for gaining His vision (darśana). I will attend satsang, follow the instructions of my Guru and do regular spiritual practices. I will try to please the Lord with my actions. I will serve Him in every way. To entertain such thoughts is anukūlasya saṅkalpaḥ, the first aspect of surrender.

2. Renouncing unfavourable thoughts (prātikūlyasya varjanam)

In order to attain the Lord, I am willing to give up anything that is unconducive. I effortlessly give up all pleasures, name, fame, power, relationships, and wealth if they prove to be obstacles in my path. I give up all objects and attachments (viśayatya ga saṅgatyāga) which obstruct my spiritual progress. I give up all worldly talk of pleasures, wealth, heretics and enemies (strī-dhana-nāstika-vairicaritram) and the company of pleasure-loving or evil-minded people (duhsangah sarvathā ēva tyājyah). I willingly give up false notions and prejudices, and work tirelessly to renounce anger, jealousy,

pride, hypocrisy etc. (abhimāna-dambhādikam tyājyam). Such thoughts and actions are called prātikūlyasya varjanam or renouncing the unfavourable.

3. Firm faith that God will protect me (rakṣiṣyati iti viśvāsaḥ)

It is firm and doubtless faith not only in the existence of God, but that He protects me at all times under every circumstance.

He is not just my “wish-fulfiller” but my “well-wisher.” He, therefore, does what is best for me. I may not understand or appreciate His ways, but I know that whatever happens, happens for the best, as His protective and guiding hand is behind all that I get in my life. He is kind and compassionate, and His love for me is unconditional. I am His child, and He will never abandon me, whatever I do. No problem is too big for Him. He will take care of me. I do not have to worry - jaba jānakī nātha sahāya kare taba kaun bigāda kare nara tero. I am protected by His blessings which He abundantly showers on me, despite what I am.

4. Actually seeking refuge in the Lord (goptatvavaraṇam)

One may have faith but when one actually seeks refuge, it is

called goptatvavaraṇaṁ. One actually prays for protection, blessings and grace. One asks to be liberated. “I come to you as I am; make me what You want me to be. I have come this far, take me further. Hold me. Guide me to the Truth. You have guided me till now, help me further, bless me always” - aba taka to nibhāya hai, āge bhi nibhā dena.

5. Throwing oneself totally at the mercy of the Lord (ātmanikṣepa)

It is falling at the feet of the Lord or surrendering totally to the Lord. “I am Yours to do what You wish. I have no will or wish of my own. I am like the flute in Your hands. You can play whatever tune You wish to play.” There is no more resistance or reservations which obstruct total surrender. King Bali not only

gave his entire kingdom to Lord Vamana but finally gave himself to the Lord. He surrendered not only his possessions (my-ness) but also his ego (I-ness). This is ātma-nikṣepa, also called ātma-nivedanam in the nine-fold aspects of Devotion (nava-vidhā-bhakti) propounded by Sage Narada.

6. Expressing one's total helplessness (kārpaṇye)

As long as we think we can do things by our own effort, independent of the Lord, Bhagavan does not interfere. He is very democratic. He says, “If you think you can do something, go ahead and do it.” As soon as we seek refuge, surrender and reveal our helplessness, He responds and comes forward to uplift us.

Source : Tapovan Prasad, April 2005

H. H. SWAMI TEJOMAYANANDAJI'S ITINERARY AUGUST - 2016

30 to 03 Aug, 16	Dallas	+1 - 214 - 477 4611
05 to 09 Aug, 16	London	+ 44 - 208 - 203 6288
11 to 17 Aug, 16	Retreat	
19 to 27 Aug, 16	Coimbatore	+91 - 422 - 261 5446
28 to 06 Sep, 16	Mumbai	+91 - 22 - 2857 8467

Acharya Manan

Sadhana

by Swamini Krishnapriyananda



3rd August as we all know, is the Mahasamadhi day of our Pujya Gurudev Swami Chinmayananda. Hence 3rd August is observed by Chinmaya Mission worldwide as a Sadhana Day.

Now, we would definitely like to know what is Sadhana? Sadhana has two words साध् + अना. साध् means to accomplish or achieve.

There are three words that come from the root साध्:

1. साध्य - Goal to be achieved
2. साधक - one who tries to achieve the Goal
3. साधन - the means one employs to achieve one's Goal

When one understands these three words, we understand what exactly is our Goal and what corresponding means we should employ. As a Sadhaka our Goal should be to know about the 'Spirit' or 'Atma' or 'who am I?'

For eg. if I want money in this world, Money is my Sadhya i.e. the Goal to be accomplished. I am a Sadhaka who tries to get the Money and whatever work I do to get that Money, that becomes my Sadhana.

So now on the spiritual path what I want to achieve and what is my Goal is something I must first set and only then should I start my Sadhana. According to 'Bhakti Yoga' our Goal is to want to have vision of the Lord. According to 'Karma Yoga' our Goal is to reduce our Raga Dwesha i.e. likes and dislikes. According to 'Hath Yoga' our Goal is to control our mind and body by Pranayam, Aasan and Pratyahara to get peace and bliss.

But according to Vedanta, our Goal is Praptasya Prapti i.e. accomplishing that which is already accomplished.

I am in search of Myself i.e. Atma or Paramatma or Brahman. Ok, but now, how to realise that? How to achieve my Goal and what is the Sadhana to be employed to achieve my Goal.

श्रवणं तु गुरोः पुर्वम्
मननं तदनन्तरम्
निदिध्यासनम् इत्येतत्
पूर्णबोधस्य कारणम्

Our scriptures says that to realise 'Atma', first one should listen about the 'Atma' from the Sadguru. Next one should reflect upon what is heard i.e. understand with logic and then lastly with determination do Nidhidhyasan i.e. meditation.

Without meditation or Nidhidhyasan one cannot realise ones own True Nature or Self. To realise Bhraman or Atma directly,

श्रवणवत् तत् अवगति अर्थत्वात्
मनन निदिध्यासनयोः

For a Jignyasu or a Mumukshu i.e. one desirous of becoming liberated or knowing oneself, a daily practice of meditation is very essential. For one's own good one should practice Nidhidhyasan for a long period of time.

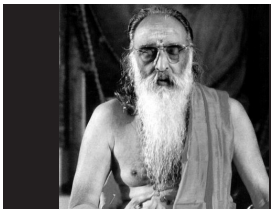
नित्याभ्यासादुते प्रप्तिः
न भवेत् सच्चिदात्मनः
तस्मात् ब्रह्म निदिध्यासेत्
जिज्ञासु श्रेयसे चिरम्

Without daily practice, That which is of the nature of Sat Chit Ananda, will not be achieved or realised by the Sadhaka. So a Sadhaka should start his or her Sadhana to achieve the Sadhya which is Atma or Brahman or God.

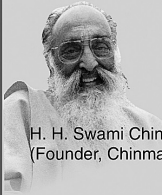
Our Puja Gurudev propagated Bhagawat Geeta which shows all Shadhanas for a Bhakta, Karma Yogi, Hath Yogi and a Gnani.

So on 3rd August, we should start our Sadhana and reach our Sadhya i.e. our Goal.

May Puja Gurudev bless all of us to diligently walk this Royal Path and reach our Goal.



3rd August is observed by
Chinmaya Mission worldwide
as a Sadhana Day.



H. H. Swami Chinmayanandaji
(Founder, Chinmaya Mission)

Chinmaya Mission Mumbai



H. H. Swami Tejomayanandaji
(Global Head, Chinmaya Mission)

Chinmaya Geeta Fest 2016

Bhagawad Geeta Chapter – XVI

Chant... Study... Know... Live...



Geeta Chanting Competition

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(Contact details for your area & age group given overleaf)

ALL MUMBAI FINALS ON 11th December 2016

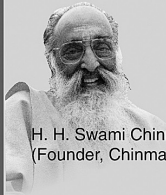
Prizes

**Certificate of Participation will be given to all participants &
Certificate of Merit will be given to the winners**

Other exciting prizes too, in the finals

Chinmaya Prerana, Plot No. 29, Sector 5, Kharghar, Navi Mumbai – 410210
chinmayamissionmumbai.com  cmgeetachanting@gmail.com

*Conditions apply



H. H. Swami Chinmayanandaji
(Founder, Chinmaya Mission)

Chinmaya Mission Mumbai



H. H. Swami Tejomayanandaji
(Global Head, Chinmaya Mission)

Chinmaya Geeta Fest 2016

Bhagawad Geeta Chapter – XVI

Chant... Study... Know... Live...

Grouping & Portion

Gr.	Standard / Age	Stanzas	No. of Stanzas
A	Nursery & Kg's	1 to 5	5
B	I & II	1 to 10	10
C	III & IV	1 to 15	15
D	V & VI	1 to 20	20

Gr.	Standard / Age	Stanzas	No. of Stanzas
E	VII & VIII	1 to 24	24
F	IX & X	1 to 24	24
G	16 to 30 yrs	1 to 24	24
H	31 to 60 yrs	1 to 24	24

Registration Donation Rs. 30/- (per competition)

Audio CD (optional) Rs. 50/-

**There are other Exciting Competitions too,
like Tweeting, Elocution & much more**

Only for groups E, F, G, & H

Contact Details

Bhayandar - Kandivalli	92215 15431	Worli - Colaba	98210 11345
Malad - Jogeshwari	98691 05775	Chembur, Kurla, Anushakti Nagar	99877 02690
Jogeshwari - Juhu upto W. E. Highway	98212 61313	Ghatkopar - Vidya Vihar	98203 49801
Vile Parle - Bandra	98206 02890	Andheri (E) - Powai IIT	98925 91238
Prabhadevi - Mahim - Sion	98921 67138	Airoli - Panvel (Navi Mumbai)	99690 66853

Chinmaya Prerana, Plot No. 29, Sector 5, Kharghar, Navi Mumbai – 410210

chinmayamissionmumbai.com  cmgeetachanting@gmail.com

YOUTH EMPOWERMENT PROGRAMME



A unique value based post-graduate leadership programme in English for dynamic youth who want to empower themselves & the society, who want to serve the Nation positively and make a real difference.

PROGRAMME THEME

Learn for 3 months. Serve for 9 months and Grow for Life is the theme of this programme. It provides interactive, experiential learning & an opportunity to be positive contributors to the country

PROGRAMME HISTORY

9 batches of YEP have been completed so far since 2002 under the leadership of **Swami Mitrananda**. For the first time, this programme, the 10th batch, will be a PG Diploma programme, following semester pattern under the **Chinmaya Vishwavidyapeeth**.

The program will be facilitated by **Swami Swatmananda**, Senior Acharyas of Chinmaya Mission, Senior faculty, Youth Experts, Leaders & Professionals.

PROGRAMME DURATION: 15th August 2016 to 15th August 2017

PROGRAMME OUTLINE

SEMESTER 1

LEARN: 15th August 2016 to 27th October 2016

- Fundamentals of Vedanta, Bhakti, Hindu Culture
- DVD Talks by Swami Chinmayananda
- Leadership skills, Awakening Indians to India
- Transforming Indians to Transform India workshops
- Conversational Sanskrit, Vedic Chanting
- Yoga, sports & games
- Training in Soft skills & Public speaking
- Practical Management Lessons through group discussions, workshops, games & other activities
- A unique training methodology combining experiential learning, adventure & other projects

LEARN



SERVE IN AN URBAN CENTRE: 2nd November 2016 to 25th March 2017

- Students will be posted in an urban Chinmaya Mission Centre for Service.
- Be positive contributors to society by serving in various wings of Chinmaya Mission
- Inspire youth & children from various schools & colleges through sessions, workshops, seminars, etc

SEMESTER 2

LEARN & SERVE: 27th March 2017 to 31st May 2017

- Training for taking Balavihar, teenagers' and Youth Camps(27th March to 2nd April)
- Posting in specific centres for assisting/taking camps
- Hands-on experience at children's camps and youth camps in summer.

LEARN: 2nd June to 7th June 2017

- Training for rural development & organising camps/events
- Social service training
- Overview of various service opportunities
- Spiritual sessions

SERVE: 10th June to 10th August:

- Students will be posted to a rural centre
- Social service in general
- Specific area of rural service



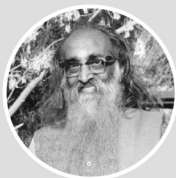
Periodic Evaluation through exams, assignments and assessment of the service period during the semesters will be a part of this entire course.

Concluding Sessions: 12th August to 15th August 2017. Final evaluation and service period presentations.

GROW FOR LIFE!

- On completing the one-year period of study & service the students will be awarded a Post Graduate Diploma in Youth Empowerment Programme (PGD-YEP). They are called Yuvaveers and they equip themselves with holistic growth, greater self-confidence, expertise in conducting workshops, training programmes, managing events etc.
- Experience the satisfaction & joy of having made a difference by serving the Nation





"To bring about harmony, of thought, goal and inspiration is to build a nation. Inspired by our glorious past, let us work in the present to manifest our vision of the future for our country."
- **Swami Chinmayananda**

ELIGIBILITY

Young graduates below 25 yrs of age, with good knowledge of English and keen desire to learn, to serve the Nation and ready to commit one year **EXCLUSIVELY** for this course. Intake will be subject to a pre-admission interview process.

DURATION

ONE YEAR - from 15th August 2016 to 15th August 2017

Inauguration on 15th August 2016 by
Poojya **Guruji Swami Tejomayananda**,
at Chinmaya Vibhooti, Kolwan.

LAST DATE for registration is **31st July 2016**.

Campus

Teaching and training will be held at the Chinmaya Vishwavidyapeeth Campus situated at Chinmaya Vibhooti, the Vision centre of Chinmaya Mission & a scenic spiritual retreat at Kolwan - an hour's drive from Pune & 3-hour drive from Mumbai.

Chinmaya Vibhooti, Post Kolwan, Taluka Mulshi, Dist Pune – 412 108



PROGRAMME FEES

Application & Prospectus: Rs.500/-

Programme Fees: Rs.60,000/- for Indian Students. \$1100/- for Overseas students.
(Includes stay, food, training material). Scholarship will be available for deserving students.

CONTACT:

For applications please mail - yep.aichyk@gmail.com, university@chinfo.org

For supporting deserving students through scholarship, please contact
chinmaya.swatmananda@gmail.com

chinmayayuvakendra.org | chinmayamission.com

Chinmaya Vishwavidyapeeth

&

All India Chinmaya Yuva Kendra (AICHYK)

invites

Young Visionaries of the Nation for

YEP 10

LEARN | SERVE | GROW

Appeal for Scholarships

PGD-YEP, a one-year Post-Graduate Diploma in Youth Empowerment by Chinmaya Vishwavidyapeeth, a University for Sanskrit and Indic Traditions, marks the beginning of a new batch of youngsters from across the world coming together in the presence of dynamic monks from the Mission & other management professionals to dedicate a year of their lives to being positive contributors to society & serving our Nation.

The programme fees is subsidised for all students. We would also like to offer full or partial scholarships to deserving students and also support all students during their service period by offering a minimum stipend.

Such a highly valued higher education programme that will create ethical and value-based contributors to society

in different spheres of public life, needs active philanthropic support. We therefore seek your support for 25 students, which is the proposed intake to this programme

Contributions to the above scholarship can also be done under CSR - Corporate Social Responsibility as per Section 125 and Schedule VII of Companies Act, 2013. Promotion of Education is an important activity that can be undertaken as CSR under the Companies Act.

All cheques/DDs for student scholarship donation can be drawn in the name of 'All India Chinmaya Yuva Kendra - CCMT A/C. All donations are exempt under section 80G of Income Tax Act.

You Too Can Contribute in this Visionary Programme in Various Ways...

**Chinmaya Vishwavidyapeeth
&
All India Chinmaya Yuva Kendra (AICHYK)
Post Graduate Diploma in
Youth Empowerment Programme 2016-17**

Sponsorship Options for Scholarship

Date: _____

From: _____

Address _____

Area: _____ City: _____ State: _____

Pin: _____ Tel No.: (R) _____ (O) _____

Email: _____

To,

Chinmaya Vishwavidyapeeth

PGD-YEP Cell

c/o All India Chinmaya Yuva Kendra

**Chinmaya Seva Trust - Bombay, F3, Panchsheel Bldg, 'C' Road,
Churchgate, Mumbai - 400 020. Phone: 22814646, 22884646**

Dear Sir/Madam,

With reference to your appeal for Sponsorship / Donation towards
“Youth Empowerment Programme-2016-17” we are sending herewith our
contribution by Cash/Cheque

No. _____ Dated _____ Drawn on _____

Bank _____ Branch in favour of “All India Chinmaya

Yuva Kendra - CCMT A/C”

(Please tick the relevant option)

We need support for 25 students

Scholarships

- o Per Student for entire duration of 1 year - Rs.1.10 Lakhs
- o Per Student for the study period of 90 days - Rs.60,000/-
- o Per Student Expenses during Service period of 9 months - Rs.50,000/-
- o Per Student Travel & Outdoor Experiential Learning - Rs.20,000/-

Annadaan

- o Per Student for 90 days - Rs.20,000/-
- o Bhiksha for Acharyas, Faculty & all Students
 - Lunch or Dinner - Rs.15,000/-
 - Breakfast - Rs.10,000/-

Course Material

- o Per Student - Course Material like books, stationary etc. - Rs.5,000/-
- o Per Student - T-shirts, Bags etc. - Rs.3,000/-

General Donation to support the programme
(Any amount is welcome)

Yours Faithfully,

Signature

For more details contact :

Swami Swatmananda - chinmaya.swatmananda@gmail.com

Chinmaya Seva Trust - Bombay,

F3, Panchsheel Bldg, C Road, Churchgate, Mumbai - 400 020.

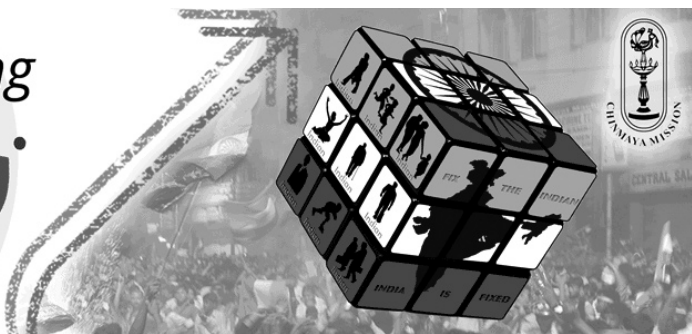


Carefully navigate round the dangerous
rocks of the own Lower narute.
Thou shall reach the eternal Heaven
of peace and Bliss - TRUTH.

- Swami Chinmayananda

Transforming INDIANS to Transform INDIA

A Chinmaya Mission Initiative



With the onset of monsoon, June began with a shower of TITI workshops! July witnessed a tsunami of workshops and the milestone of #1200 workshops was easily reached!

Highlights :

- 32 workshops in June and 33 workshops in July till 16th, 2 workshops a day!!
- trainers from across zones have worked together in the true Yagna spirit supporting each other.
- Narayana Zone has evolved from a 3-member team of 3 modules to a 12-member strong army that has trainers for all 7 levels, many first-time trainers who have made successful debuts in over 3 modules under the caring guidance of Chitra Vishwanathan.
- Jagdeeshwara zone has done 42 workshops, Narayana Zone has done 18 workshops!
- Institutes are now wanting

all 7 levels for their students

- Workshop for students has motivated parents to undergo TITI workshops at Mahila Sangh School. These will be conducted next month.
- Institutes are keen to allocate more time so that there is interaction and activities.
- People outside the mission are joining the movement as trainers

If anyone would like to join as a trainer/volunteer in this Nation Building Movement is welcome to contact us @ 8422943204

Workshop details

@ Panchsheel for CHYKs

Two back-to-back sessions, one on Patriotic transformation by Tapan Parikh and an interactive Emotional Transformation workshop by Aravind Raghavan and Jahnvee Joshi were conducted for the youth, many



of whom were new to Chinmaya Mission, were conducted on 4th June at Chinmaya Sagar.

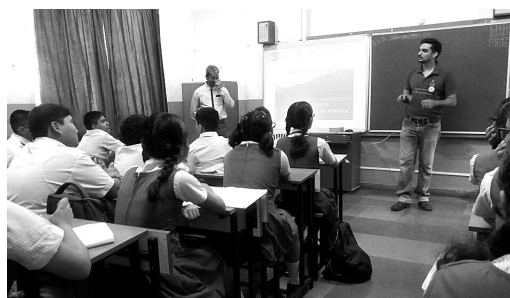
@ CCI

An Emotional Transformation was conducted by Abha Shroff and assisted by Milind Sanghavi, Shruti Somani and Anjali Dalal on 9th June. @ Gopal Sharma Memorial School (Powai)

An Intellectual Transformation workshop for 70 teachers was conducted by Aravind Raghavan on 13th June. He was assisted by Anupam Sharma.



Consequently 7 parallel sessions of Emotional Transformation for students of Std. 8th to 10th were conducted on 14th June by Geetha Raghavan, Kruti Doshi, Deepak Khanna, Uday Karalia, Mayur Nayak, Anaghaa Venugopal, Shivam Bapat assisted by Rajesh Ramunanjam, Pritual, Nayan Mehta, Rashmi Chaturani, Shyamala Venogopal, Anita Munot and Shaman Aggarwal.



6 parallel sessions on Emotional Transformation for Std. 6th and 7th were conducted by Aravind Raghavan, Rashmi Chaturani, Aparna Raman, Chitra Vishwanathan, Geetha Raghavan, and Anaghaa Venugopal.

Volunteers were Sheela Naik, Sandhya Rajesh and Anupam Sharma.

@ Orion School, Vile Parle

Intellectual and Emotional transformation workshops were

conducted by Rajesh Ramanujam, Sriram Sankar, Deepak Khanna, Aravind Raghavan, Geetha Raghavan and Sandhya Rajesh for 6th standard students.

@ Bhawana Trust College, Chembur

Workshop on Spiritual Transformation by Chitra Vishwanathan and assisted by Manisha Deole & Harini Nischal on 15th June.

@ Mahila Sangh School, Vile Parle

21 workshops were conducted for Std. 5th and 6th students. On completion of all 7 modules each student was given a certificate and the school was awarded a trophy.

The impact was such that even in the PTA meeting parents were asking about Chinmaya Mission and its activities for the entire family.



Geetha Raghavan, Aravind Raghavan, Rajesh Ramanujam, Sandhya Rajesh and Chithra Sridhar were the trainers and were assisted by Chithra Sridhar, Chitra Vishwanathan, Kruti Doshi, Rajesh Ramanujam, Geetha Raghavan and Aravind Raghavan.

Their school magazine has pictures and articles of TITI workshops

Training-the-Trainer Workshop @ Chinmaya Priyam

A Training-the-Trainer program was held at Chinmaya Priyam for

aspirant trainers. Brni. Nidhi Chaitanya, Pooja Gupta and Rakesh Gupta conducted these sessions for 7 new trainers who want to serve India.





@ Police Training Centre

Qualified trainers (trained by TITI trainers) from PTC conducted a few TITI sessions in various PTC centres in Maharashtra. Below are photos of sessions conducted in Solapur.

@ Swami Vivekananda Polytechnic Sindhi Society, Chembur

7 sessions on Cultural Transformation were conducted by Aravind Raghavan, Chitra Sridhar, Anaghaa Venugopal and Pritul Thakkar. They were

assisted by Manisha Deole, Pritul Thakkar, Harini Nischal and Chitra Vishwanathan.

7 Spiritual workshops were conducted by Chitra Vishwanathan, Varsha Rao, Anaghaa Venugopal, Pritul Thakkar, Harini Nischal, Shyamala Venugopal and Varsha Rao. They were assisted by Manisha Deole, Urvi Someshwar, Varsha Rao and Chitra Vishwanathan.

@ Shah and Anchor Polytechnic Deonar, Chembur

3 sessions, one each on Cultural, Intellectual and Physical Transformation by Chithra Vishwanathan, Manisha Deole and Chithra Vishwanathan were conducted.

I Transform, India Transforms!



Chinmaya Yuva Kendra

Report on #Explorewithchyk: A day of learning, adventure and fun @ Kanheri Caves

If you think a rainy Sunday in Mumbai can only be enjoyed by having a cup of hot coffee by your window sill, then you certainly should have been a part of #explorewithchyk.

Chyk Mumbai organised a Nature Trail called #explorewithchyk on 17th July from 8.00 am till 5.00 pm at Sanjay Gandhi National Park. It was a 7 km trek to the Kanheri Caves along with 35 youngsters from all over the city.

The trek started with a fun icebreaker called as “Fill-ful-

ment” which got everyone excited and enthusiastic. After walking for a while on the path towards the caves, we decided to take a break on the banks of a flowing stream. The symbolism of a river as single pointed dedication towards our goal was discussed. The inspiration of the river Ganga to Pujya Gurudev was also mentioned in this context.

As an impromptu activity, Swami Swatmananda along with fellow trekkers walked barefooted against the flow of the stream towards its source which was enjoyed to the fullest by all.

Swamiji explained the spiritual



significance of walking towards the 'source'. The need to explore life fully by living each moment fully was also discussed.

Moving further we were accompanied by nice showers and the trees around looked happy too. Posing as Peaceful warriors and taking nature selfies, we arrived at our destination i.e. the historic Kanheri Caves.

We took a tour of the caves and discovered how the Buddhist Monks stayed there during first century BCE.

There are in all 109 caves out of which one is a prayer hall where we all sat and chanted 'OM' together. The reverberations of the chanting inside the 2100 year old caves was an exhilarating

experience. We trekked further towards the top of the mountain from where we saw the famous Tulsi and Vihar lakes surrounded by mountains on one side and tall buildings of our city on the otherside.

The entire group then chanted Hanuman Chalisa with the fresh Mountain breeze energizing us. By now it was time to go back to where we started from. The trekkers climbed down to the base of the hill where sumptuous lunch boxes were waiting for them. The trekkers chose to walk back the nature path all the way to the park entrance even though the option of taking a bus was there. We thus completed the trek on schedule with tired bodies but refreshed spirit.



So #explorewithchyk was not just about exploring nature around us but also about exploring Our Own Nature.

- Compiled by Akash Khilnani
and Aravind Raghavan

A Movie Workshop on Kung Fu Panda 3 @ Saraswati Vidyalaya School, Chembur on 24th July

Movies are not only enjoyable but are also a great medium for learning. The exciting session of Kung Fu Panda was conducted for the restless group of teens i.e. for the age group of 10 -17 years.

The objective was to learn and imbibe the ideals of Poo the Dragon Warrior. A pleasantly surprising 84 students gathered for this beautiful event.

Hosted by Aparna, this session began by breaking the ice between the kids. They learnt each other's name by making up exciting stories involving the names of the entire group member's. The stories they came

up with were very creative and interesting.

The excitement increased when they were asked to note down impactful sentences from the movie. The excitement continued and many participated in the group discussions which followed.

'I am not trying to turn you into me; I am trying to turn you into you' were one of the many phrases which caught their fancy.

Anirudh and Anaghaa discussed and implemented how our strengths can impact our daily lives. Improving and understanding ourselves and trying to answer the question 'Who am I' was a part of this session.

Snack boxes were sponsored and distributed to all those who attended the workshop. Success of this workshop is just one of the stepping stones to bring in the Pre-Chyk Classes to this zone.

Compiled by - Arpita Ganti
and Aparna Raman



Chinmaya Sagar Zone

(South Mumbai)

**Visit by Sw. Swatmanandji @
Mittal Bhavan on 28th June to
address five study class.**

Salient points :

“How to overcome fear ?”

1) Steadfastness in obligatory duties 2) Stop Nishiddha Karma completely 3) Knowledge 4) Faith in Lord 5) Chanting 6) To detach from where one is attached.

He concluded with the shloka from Aatma Bodh which says to see oneness everywhere which pervades everything and to know that as me.

“How to get over desire?”

- 1) by holding on to Higher
- 2) by developing Pratipaksha Bhavana, to see limitation clearly, sense control should happen at thought level as well action level.
- 3) Regular practice of withdrawal of mind, where seeker experiences the joy-Rasa’ within one’s bosom due to devotion and would want to experience that again and again which would annihilate the thought of object.

“Detachment and Dispassion”

Detachment is when one is living

in society, working and dealing ; but like lotus leaf. ‘Doing one’s best and leaving the rest’. Dispassion is when one drops attachment.

Guru Purnima Celebration @

Jaihind College on 16th July

Heartfelt gratitude was offered to Pujya Gurudev and the Guru Shishya Parampara through various Sadhanas like Guru Bhajans, Guru Stotram, Guru Nama Japa, Guru Sandesh, Guru Vakya mananam, Guru Dhyana and Guru Paduka Puja.

The event commenced with rendering soulful bhajans. Swami Swatmananda, then systematically pointed out how with Kripa of the Lord and Karuna of the Sadguru, an individual feels full and complete, thereby living in gratitude and humility. Having the grace of one’s Guru is the most precious blessing one can have. That worship of Padukas represents devotion, surrender and respect for the ideals rooted in the revered one was well emphasized with a video clip of Gurudev’s talk. The evening ended with felicitations to the yajmans, aarti and distribution of Prasad.

Introducing Shishu Vihar

Indian tradition has always believed in the significance of imparting values to children early. Shishuvihar strives to provide opportunities for this, thereby enabling spiritual development through cultural education. Classes follow a structure of mother-toddler where children learn through songs, stories, arts and crafts, appropriate to their age and development.

Shishu Vihar Teacher's Training Workshop

Chinmaya Mission Mumbai invites you to become part of the Shishuvihar program that introduces infants (0-3 years), toddlers (3-5 years) along with their mothers/guardians to cultural and spiritual education.

Wednesday, August 10, 2016

From 10.00 am to 1.00 pm
(Please reach the venue by 9.30 am)

Venue: Chinmaya Sagar, Panchsheel Building, 'C' Road, Churchgate.

Registration is Compulsory.

*To register & for further details, please contact
Roma Sanghavi at 9820297889 or Radhika Jesrani at 9920032225.*

Please note: the trained individuals will be expected to start Shishuvihar classes under Chinmaya Mission.

A new class for Junior CHYKs Based on the Hanuman Chalisa

Group 12-15 yrs @ Marine Drive
every Sunday ● 3.30 to 4.30pm
To register call on 9820131623

New Shishu Vihar Class

@ Babulnath & Churchgate

For age group: 3-5 years

Venue : Saraswati Hall 3rd floor,
INT-Aditya Birla Center for Performing Arts and Research
38 BMC Market, Dadiseth Lane, Near Babulnath Temple,
Chowpatty, Mumbai - 400007

Every Friday, 5.00 to 6.00 pm

For more information and registrations, contact:

Parul Bhammer - 98201 85255 / Roma Sanghavi - 98202 97889

Address: Chinmaya Sagar, Panchsheel Bldg, C-Road,
Churchgate, Mumbai - 400020

Every Wednesday, 5.00 to 6.00 pm

For more information and registrations, contact:

Parul Bhammer - 98201 85255 / Roma Sanghavi - 98202 97889

✂ For age group between 0-3 years please contact:

Roma Sanghavi-9820297889 / Radhika Jasrani : 9920032

Shravan Somvar Programme

- 8th August : Shivshastranam by Brni. Sandhya Chaitanya
from 6.00 pm to 8.00 pm
- 15th August : Maha Mrityunjay Japa
from 6.00 pm to 7.00 pm
- 22nd August : Rudrabhishek by Swamini Krishnapriyanda
from 6.00 pm to 8.00 pm
- 29th August : Talk on Meditation & Om Namah Shivaya
by Br. Yukta Chaitanya from 6.00 pm to 8.00 pm

Venue : Chinmaya Sagar, Panchsheel Bldg, C-Road,
Churchgate, Mumbai - 400020.

Feeling angry? Stressed?

Chant!

Your memory skills need improvement?

Chant!

Want to learn voice modulation?

Chant!

Need to find peace and quiet in your mind?

Chant!



You can learn Geeta Chanting & Maha Mrityunjaya, Vishnu Sahasranaama, Vedic Chanting etc.

This year, we have learning aids too for the 16th chapter of the Geeta. So, learn in the comfort of your time and at home!

Office: F3 Panchsheel, C Road, Churchgate, Mumbai 400020

chinmayamissionmumbai.com

Chinmaya Mission Mumbai

Chant Mumbai Shaant Mumbai

Chanting is an oral meditative practice when done correctly. In this crazy paced world, chanting helps to quieten the mind and bring it back into focus

Chanting has many benefits



Calms the mind



Improves memory



Increases sense of creativity



Both the hemispheres of the brain used



Increases alertness



Better focus and concentration



Rejuvenates the body



Phonetic sensibility Improves



Positive outlet for thought energy



If you live between Cuffe Parade to Worli, please email us at enquiry@chinmayamissionmumbai.com

Or call **022-22814646/22884646** (Monday through Saturday 12noon to 7pm)



Chinmaya Mission, Sagar Zone

Invites you to

Janmashtami Celebrations

Event Flow:

Skit and bhajans by Bala Vihar children

Dance by Chyks

Lively Bhajans by Study Group members and CHYKS

(You can sing along with them!)

Vishnu Sahasranaama Archana

25th August (Thursday) 6.30pm to 8:00pm

HVB Academy, (Hindi Vidya Bhavan) F Road, Marine Drive

(Each one can participate & perform the archana. To do so,
register with a contribution of Rs.100 towards samagri)

For registration, call **22814646/22884646/8693811863**

(12 noon to 7pm)

or email **cmsagar@chinmayamissionmumbai.com**

(Last date for registration with contribution - 20th Aug.)



Office address: F3 Panchsheel, Ground floor, C Road, Churchgate, Mumbai 400020

chinmayamissionmumbai.com

Entry free. All are welcome

Chinmaya Mahima Zone

(Mahim to Dadar and Sion to Parel)

Sampoorna Geeta Parayanam @ Sion n 23rd June

A Sampoorna Geeta Parayanam was held at Smt. Vinitha Acharya's residence. The chanting was led by Sri. H P Eshwarji. The programe was attended by about 25 people.

Sampoorna Geeta Parayanam @ Veda Pathashala, Matunga on 16th June

A Sampoorna Geeta Parayanam was held at the Veda Pathshala on the occasion of Ms. Aarti Khamkar's birthday. The chanting was led by Sri. H P Eshwarji. The programe was attended by about 25 people.

'Quest for Happiness' a talk by Br. Yukta Chaitanya @ Mahima Centre on 25th June

The programe was jointly organised by Saptakoteswar Mandir Trust and Chinmaya Mission. The talk was taken in 2 slots of 5-6 pm and 7-8 pm.

'Meditation' a talk by Br. Yukta Chaitanya @ Takshashila on 2nd July

A Meditation session was held for the study group members of Takshashila. This study group has been together for the last 8 years.

An address to teachers by Br. Yukta Chaitanya @ Sri Sri Ravishankar Shool on 2nd July

A group of 30 teachers were addressed by Br. Yukta Chaitanya to inspire them to become Geeta Dootas for their school. All teachers agreed and are now trained. They will in turn train their children.

Karma Yoga a talk by Br. Yukta Chaitanya @ Golden Square, Kalina on 3rd July

The talk was given to a mixture of new and old mission members at Kalina with a view to a start a new Study Class.



Even the devil knoweth not, the mind of man.

- Swami Chinmayananda



Classes by Br. Yukta Chaitanya

Bala Vihar & Chanting

every Saturday • 3.15 - 5.00 pm

Ganapathi Atharva Shirsha Chanting

Venue : Chinmaya Mahima Centre, Opp. Paradise Talkies,
Opp. SBI Bank, Mahim - 400 016.

Contact: Sarika - 98203 00281

Pre-CHYK (13 - 18 yrs.)

every Saturday • 3.15 - 5.00 pm

Venue : Chinmaya Mahima Centre, Opp. Paradise Talkies,
Opp. SBI Bank, Mahim - 400 016.

Contact: Devika - 96198 61476 or Teertha - 9819493327

Panchadashi

Chapter 1 - Tattva Viveka

Every Tuesday starting from 20th September • 6.00 to 7.30 pm

Venue : Chinmaya Mahima Centre, Opp. Paradise Talkies,
Opp. SBI Bank, Mahim - 400 016.

Entry Free but by registration only.

To register please call 9820000444

Geeta Chanting

Every Monday 11.00 am to 12.00 noon

Venue : Chinmaya Mahima Centre, Opp. Paradise Talkies,
Opp. SBI Bank, Mahim - 400 016.

Contact : Br. Yukta Chaitanya 9820000444

New Shishuvihar Class at Matunga.

Every Friday • 5.30 - 7.30 pm

Sevika - Bhavana Sarawal

Venue : Shreyas Kapol Mandal, Shantiniketan Bldg., Matunga.

Contact : Bhavana Sarawal 98331 88196

Pre-CHYK Class (13 - 18 yrs.)

Friday 6.30 - 7.30pm @ Matunga

Sethukari Class (30 - 45 yrs.)

Saturday 4.00 -5.00 pm. @ Sion &

Tuesday 11.00 am -12.00 noon @ Matunga

by Anamika Chakravarty

Contact : Anamika 9769355585

New Geeta Chanting Class

Every Tuesday and Thursday • 11.00 am - 12.00 noon

Sevak H P Eswar

Venue: Flat # 505, Dosti Elite, A - Wing, Sion (East)

Contact: Smt.Vinitha Acharya 9821020403

Geeta Chanting Class

Every Thursday • 7.00 pm to 8.00 pm

Sevak: Sri H P Eswar

Venue : Sankara Mattham Veda Paathashala, Matunga.

Contact: Smt. Bhuvana 9920744979

Smt. Chandrika 9820548988

Chinmaya Jayam Zone

(Bandra, Khar, Santacruz, Vile Parle)

‘Geeta in Daily Life’ by Brni.
Nidhi Chaitanya on 17th June
@ National College

Rupaji and Sanyukta sang the invocation. Then Nidhiji captured the audience from the moment she began to speak. The Hall filled with people listening

in rapt attention till the end.

The lecture was well attended and registrations were received for Geeta Classes which we plan to hold on every Friday for 20 Fridays from 19th August.

The Aarti was conducted by Shri Ashokji and Mukeshji.



Sessions by
Swamini Krishnapriyananda

Vedanta Saar

Every Monday - 4.00 pm to 5.30 pm

Tattvabodh

Every Thursday - 12.00 noon to 1.00 pm

Ishyavasya Upanishad

Every Thursday - 4.00 pm to 5.30 pm

Bhaja Govindam

Every Saturday - 10.30 am to 11.30 am

Bhaja Govindam

Every Sunday 10.30 am to 11.30 am

Venue for all the above programmes is

Chinmaya Jayam, 101 Garden Crest, West Avenue Road,
Santacruz West, Mumbai - 400054.



Sessions by Brni. Nidhi Chaitanya

Geeta at a Glance

A Bird's Eye-View of the 18 Chapters
of the Bhagawad Geeta in 20 Weekly Sessions

on Every Friday 7.00 pm to 8.30 pm

(Starting 19th August 2016)

Venue: Dr. L H Hiranandani Memorial Conference Hall,
Ground Floor, Smt.MMK College of Commerce & Economics,
32nd Road, TPS III, Bandra West, Mumbai - 400050.

Suggested Donation: Rs.1000 for all 20 classes

For details, contact: 9820526738 / 9820526758

Entry Free. All Are Welcome.

Participants must fill the registration form to attend the talks.

Meditation for Busy People ... Living Beyond Stress

Includes Guided Meditation Practice

on 24th September 2016 (Saturday) 7.00 pm to 8.30 pm

Venue: 11th Floor Auditorium, Thadomal Shahani
Engineering College, Bandra West, Mumbai

- Entry By Registrations Only -

To register yourself, call 9820526738 / 9820526758

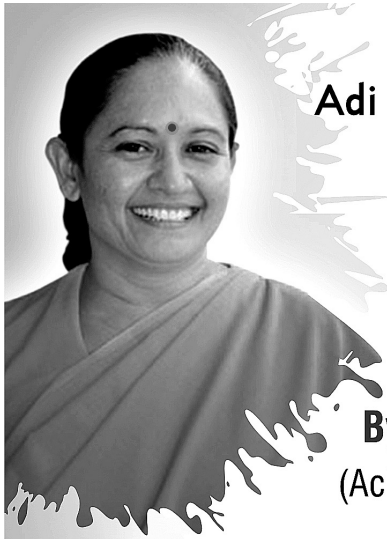
You can also register online on this link: <https://goo.gl/v5QvRg>

Or write to: chinmayajayam.seva@gmail.com

www.chinmayamissionmumbai.com

Please Be Seated By 6.55 pm.

Entry to the auditorium will close sharp at 7.00 pm.



Hindi camp at
Adi Shankara Nilayam CIF Kerala

EXPERIENCE YOURSELF by

Nidhidhyasan

(Meditation)

By Swamini Krishnapriyanada
(Acharya Chinmaya Mission Santacruz)

18th September to 22nd September 2016

**Guided Meditation with Lectures on
Aaparokshanubhuti, Brahmandand Valli and Vakya Vritti**

**Other camp highlights
Paduka Puja, bhajans and Satsang
2 days site seeing at Kerala (optional)**

Camp Inaguration

18th evening 5 pm and concludes at 22nd evening at 6 pm

Please book your tickets on the
18th morning by flight and return on 25th september
(if you book in advance it s the same as the train fare!)

**Camp Donation 4000 per person for
non AC rooms and Rs 5000 for AC rooms.**

**Further Details please contact | Meena Ruparel 09223413586
Vijay Patil 09819978073**

Bal Vihar class

is being conducted at 201, Kiara Apartment,
Union park, Pali Hill.

For further details contact Rupa Kumar - 7506932205.

Geeta Chanting Classes

At Garden Crest Centre

From 1st week of August

Every Saturday from 5.30 pm to 6.00 pm

Age groups : 16 years to 30 years / 31 years to 60 years

Registrations will be accepted for the

Geeta Chanting competition Rs.30

CD available for Rs.30

Rudra Abhishek

will be performed on 29th August 2016

@ Garden Crest

From 6.00 pm to 7.00 pm

Bal Vihar Classes

by Ms. Rupa Kumar

Every Friday 6.00 pm to 7.00 pm

Venue : 201, Kaira Apartment, Union Park, Palihill,
Khar West, Near Carter Road

Contact 7056932205 for registration and any other details



Continuous change alone is the changeless law.

- Swami Chinmayananda

Chinmaya Bhakti Zone

(Goregaon to Bhayandar)

**Talks by Br. Ved Chaitanya
from 24th to 26th June**

Br. Vedji conducted series of talk (in Hindi & Marathi) at different venues in the Bhakti zone.

The talk series started at Bhakti on 24th on the topic 'Importance of Sadhana in daily life' in the morning followed by evening session at Veer Savarkar Udyan on the topic 'Tips for Happy Living'.

On Saturday morning Vedji delivered a talk at Gajanan Maharaj Temple at Goregaon (W) on the topic 'Why do We' and at after noon interacted with Balvihar Kids at Kamala Vihar Club, Borivali.

In the evening, Vedji rendered a soulful talk on Pasayadan

(Gyaneswari) in Marathi at Abhinav Nagar, Hanuman Mandir.

On Sunday morning he spoke on 'Excellence in Action' (Karma Yoga) in Hindi at Ashoka Towers, Borivali (E) followed by a session on Training-and-Guidance of Balvihar Sevikas and Balvihar Parents for upcoming Geeta chanting competition at Bhakti during afternoon hours.

The talk series concluded at Bhakti on the topic 'The Geeta Way of Life' on Sunday evening.

**Guru Purnima Puja
Celebrations on 19th July @
Chinmaya Bhakti**

Guru-Purnima was celebrated by first chanting the Ashtotra





of Bhagawan Ved Vyasaji, Bhagawan Sankararcharya, Tapovanji Maharaj and Pujya Gurudev.

This was followed by chanting of various Stotrams and Bhajans. The Puja was conducted by Shri AKK Nairji and Shri Sivan Pillaiji. Around 45-50 devotees attended the puja event .

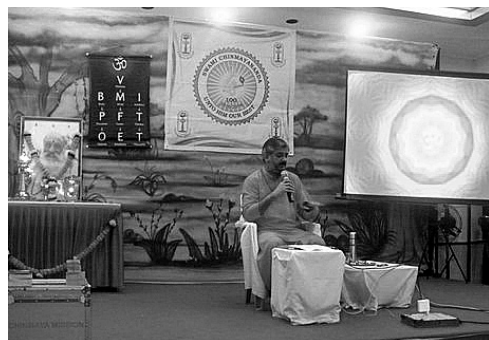
A Yagna on ‘Stress Management’ by Swami Swatmananda @ Kandivali (W) from 22nd to 24th July

Swamiji’s simple narration of an idea with relevant practical application and cases from our day-to- day life experience made the session more appealing. Swamiji concised the Stress Management Tips in following Spiritual Solution :

S:Swadharma, **P:** Physical Moderation, **I:** Impulse control, **R:** Result Acceptance, **I:** Inspiring Goal, **T:** Team Work, **U:** Undivided Attention, **A:** Altar of Surrender & Prayer, **L :** Let go of EGO.

Gurudev’s videos along with the presentation made the concept more clear. The 15 minutes of guided meditation session taken everyday made everyone feel more stress-free and relaxed. The daily average attendees was around 150-200 devotees .

On 24th July, Swamiji interacted with the youngsters from 11.00 am to 12.30 pm at Bhakti Centre. The topic of the session “Dare to Question” was very apt since the young mind shot several questions and Swamiji elegantly handled their question and gave convincing answers to them with logics and reference to daily life examples.





Chinmaya Mission Mumbai

I-001, Ekta Bhoomi Garden, Dattapada Road,
Borivali (E), Mumbai - 400 066.

(Bhakti Zone) Organises



Narayaneeyam Gyana Yagnam

in Malayalam

By Swami
ASHESHANANDAJI

(Acharya Chinmaya Mission Palakkad)

❖ Date & Time ❖

31st Aug to 4th Sept, 2016,
7.45 p.m. to 9.15 p.m



Morning Talks on

Brahma Jnanavali

1st Sept. to 4th Sept., 2016
7.30 a.m. to 8.30 a.m.

❖ Venue ❖

Shyam Kunj Haveli,
Chandavarkar Road,
Near New Municipal Office,
Borivali (W), Mumbai - 400 092

for further information Contact: 98674 16223 / 6523 5162 / 81085 47011
www.chinmayamissionmumbai.com

ENTRY FREE ! ALL ARE CORDIALLY INVITED.



Sessions by Brni. Nidhi Chaitanya

Spirituality for Busy People

for age group 29 - 45 yrs (Setukari)

**7-Week Program based on “Sadhana Panchakam”
of Sri Adi Shankaracharya**

Every Sunday 7.00 pm to 8.30 pm
(Starting 21st August 2016)

Venue : Chinmaya Bhakti, Ekta Bhoomi Garden,
Datta Pada, Borivali (E)

To register yourself, call (between 3.00 pm and 9.00 pm)
Ravi Nair: 65235162 / 8108547011

Dare to be Arjuna!

A Series of 7 Interactive Sessions

for age group 16 - 28 yrs based on the Geeta

Dare to Face Your Problems!

Dare to Follow your Passion!

Dare to Make Your Love Matter!

Dare to Know your Culture!

Dare to Question your Beliefs!

Dare to Face your Fears!

Dare to Achieve your Goals!

Dare to Live the Geeta! Dare to be Arjuna!

Every Sunday 5.30 pm to 7.00 pm
Starting 21st August 2016

Venue : Ekta Bhoomi Garden, Datta Pada, Borivali (E)

To register yourself, call (between 3.00 pm and 9.00 pm)
Ravi Nair : 65235162 / 8108547011

Upcoming Program/Satsang at Bhakti

Shravan Somavar Puja

“Rudrabhishekam “

with Sree Rudram Chanting and Pooja

August 8th , 15th , 22nd & 29th ● 7.00 - 8.00 pm

Venue : Chinmaya Bhakti Centre

Contact : 9867416223 / 8108547011 / 65235162

Talks in Malayalam

by Swami Asheshanandji

(Acharya, Chinmaya Mission, Palakkad, Kerala)

31st August - 4th September (Wednesday - Sunday)

Sreemad Narayaneeyam : Evening 7.45 pm to 9.15 pm.

Brahmajnanavali Mala : Morning 7.30 am to 8.30 am.
of Adi Sankara (from 1st September)

Venue: Shyam Kunj Haveli , Chandawarkar Road,
Nr. Borivali Station, Borivali-West, Mumbai.

For more information, call : 9867416223/ 8108547011

Vedic Chanting based on the book

“Pushpanjali”

on every Friday from 6.00 pm to 7.00 pm.

by Shri S. K. Dixit

Venue : Chinmaya Bhakti, Ekta Bhoomi Garden,
Datta Pada, Borivali (E)

Satsang on Gyaneswari (Monthly)

by Brn. Sandhya Chaitanya

(Acharya - Kalyan) in Hindi

Next session on 28th Aug. 2016 Sunday - Evening 4.00 to 7.00 pm.

Jagadeeshwara Zone

(Powai)



**Shiv Sahasranam @
Sandeepany Sadhanalaya on
17th July**

Each devotee was given a Shivalinga with Dronas of flowers and Akshat to perform the Sahasranam Puja, while the temple priest was doing the chanting. This was followed by a talk by Swami Bodhatmanandaji

where he stressed the need to live life by observing ones Swadharma, yet maintaining *Tera Tujh Ko Arpan Bhav*.

Melodious bhajans by the student brahmacharis and brahmacharinis enthralled the devotees followed by Aarti and breakfast Prasad.



Celebrate your Children's Birthday with



Ganesh



Krishna



Hanuman



Register Online : www.BirthdayHavan.com

**Birthday Havan is on
First Sunday of Every Month
for all having Birthday
in that month**



**Chinmaya Mission
Jagadeeshwara Zone
Powai, Mumbai.**

[Http://www.chinmayamissionmumbai.com/zone/chinmaya-jagadeeshwara-zone](http://www.chinmayamissionmumbai.com/zone/chinmaya-jagadeeshwara-zone)

Time 9.30 am. to 11.30 am.

Call to Register : 9167988875 / 982591238 / 9819387744

Chinmaya Narayan Zone

(Chembur, Ghatkopar to Bhandup)

Gyana Yagna by Swami Advaitanandji @ Saraswati Vidhyala, Chembur from 2nd to 7th June

The Yagna was conducted in two sessions, morning & evening. Sat Darshan by Bhagwan Ramana Maharshi was the topic of discourse for the morning session, which was conducted in English and Bhagwad Geeta chapter 13 (Ksetra-Ksetrajna Vibhaga Yoga) was the topic for the evening session in Hindi.

Swamiji started the morning session on Sat Darshan, by explaining that the world of objects & beings, which we perceive is a play of consciousness, the absolute truth. However we are not able to experience the underlying substratum but can only perceive objects & beings. Our view of the world is distorted

by the quality of our sense organs through which we perceive the world. He further elaborated that only by transcending the sense organs, we can experience the Supreme Truth. In the subsequent verses Swamiji explained how Bhagawan establishes the existence of God and the prerequisites and the various means to experience the absolute truth.

In the evening session, Swamiji first explained how Chapter 13 relates to Para-Prakruti concept of chapter 7 & Jeeva-Isvara concept of chapter 12. In the subsequent days, Swamiji went on to explain the concept of multiple knowns and the one knower and the discrimination between the two. He elaborated on the qualities & the constituents of the known, the nature of the knower, the values required to know and the relationship between the knower & the known.

Yagna received overwhelming response from the devotees. Around 200 devotees took benefit of the Gyana Yagna and also received the blessings of Swamiji.



**Geeta Chanting Competition
in association with Rasika
Ranjani Sabha on 28th July @
Rasika Ranjani Sabha**

Chinmaya Narayan Zone along with Rasika Ranjani Sabha, Ghatkopar jointly organized a Bhagavad Geeta Chanting Competition on Chapter 16 for the Geeta Thinking Farmers, students of Saididi (Brni. Sailata) at the premises of Rasika Ranjani Sabha.

Brni. Sandhya Chaitanyaji, Acharya of Chinmaya Mission, Kalyan and Br. Nileshji from Chinmaya Mission, Mulund agreed to be the judges.

Shri. M. G. Ramkrishnan, President, Smt. Saroja Srinivasan, Chief Officer and some committee members of the Sabha graced the event.

One of the participants, Smt. Revathi Ravichandran, was the Master of the Ceremony, who skillfully kept the event moving without any wastage of time.

She briefly introduced the Judges, President and the Committee members of the Sabha. She also, spoke to the audience about the glory of Bhagavad Geeta.

In all 17 members participated in the competition.



The Judges encouraged the participants by giving their valuable feedback immediately after the chanting itself. They pointed out errors on various areas like pronunciations, speed of chanting, clarity, etc. They also appreciated those participants who chanted well. Their appreciation and corrections were well received by all the participants.

Following participants were adjudged winners:

Smt. Latha Vaidyanathan
First Prize

Smt. Revathi Ravichandran
Second Prize

Dr. Smt. Priya Prabhu
Third Prize

Consolation Prizes Were Also Awarded To The Following:

Smt. Bhagyalakshmi Sridharan
First Consolation Prize

Smt. Savithri Sankaran
Second Consolation Prize

Shri. Sridharan
Third Consolation Prize

Brni. Sandhyaji and Br. Nilesnji were immensely satisfied with the group's performance and complimented the all-out efforts of the Sabha for encouraging and supporting such an event.

The competition concluded with vote of thanks proposed by Smt. Lalitha Narayanaswami, one of the participants. Everyone felt peaceful ambience throughout the competition.

**Shree Hanuman Mandir Trust &
Chinmaya Narayana Zone**

jointly organize talk in Marathi

By Brni. Sandhya Chitanyaji
(Acharya, Chinmaya Mission, Kalyan)

**on Sundar Kand
from Tulsi Ramayana**

11th to 15th August 2016 • 7.30 to 9.00 pm

Venue: Shree Hanuman Mandir, Subhash Nagar, Chembur (E)

All are cordially invited.

New Classes Started

Study Class Sadhana Panchakam

Every Sunday from 9.00 to 10.00 am.

Sevak : Sri. Prasad Deole

Venue : Saraswati Vidyalay - Near Chembur Post Office, Chembur

Study Class Upadesh Saar

Every Monday at 7.00 to 8.30 pm

Sevak : Shri. Prasad Deole

Venue : Residence of Shri Prasad Deole, A-603 Parasnath,
Sudha Park, Ghatkopar (East), Mumbai - 400 077

Study class Self Unfoldment

Every Sunday 4.30 to 6.00 pm

Sevak : Shri. Prasad Deole

Venue : Residence of Smt. Nalini Shivaram, B-207 Parasnath,
Sudha Park, Ghatkopar (East), Mumbai - 400 077

Stotra Chanting Class

Every Wednesday 5 to 6 pm

Sevika : Brni Sailata

Venue : First Floor, Shiv Geet Building, Garodia Nagar, Opp. Union
Bank, Ghatkopar (East), Mumbai - 400 077

Contact Ramani Amma : 022-25065726 or 9870625788

Chinmaya Prerana Zone

(Navi Mumbai)

Smart Workshop (Training Of Trainers) on 2nd & 3rd July @ Chinmaya Prerana

If we could all view our lives in flashback, from our birth till the present moment, all we would see is that we were always running towards something or away from something. Never stopping to pause and enjoy this human life we're blessed with.

Ironically we keep money in lockers and jewels in velvet boxes, but let our bodies, emotions and relationships take a beating. Stress, anger, troubled relationships, wrong patterns of thinking, disconnect with our inner nature and so on and so forth, these are the self-inflicted bruises that are on us now.

The good news is that we can heal and be healed. How? **BE SMART!**



Our Acharya Br. Ved Chaitanyaji conceptualised a unique programme of 5 modules with the underlying theme of **Self Management And Right Thinking (SMART)**.

These modules are the fruit of Gurudev's grace, Vedji's vision and inspired efforts of the CHYKs and study class members.

The SMART workshop modules are an initiative towards building the community and will be conducted in schools and colleges. To take this ahead, there was a training of the trainers (TOT) workshop conducted by Vedji and Vidhu Sharmaji on the 2nd and 3rd July at Chinmaya Prerana. It was a delightful mix of 45 aspiring trainers from all age groups, across Mumbai and Navi Mumbai.



The acronym SMART was cleverly integrated into each module and the presentations themselves had a perfect blend of practicality and wisdom. With examples and anecdotes galore, the participants got an overview of how to connect to a target audience.

The modules contained words of spiritual masters as well as those of present-day achievers. Videos, movie clips, sound tracks and quotes were sprinkled liberally in and through the modules.

The five modules taken up were: **SMART - Stress Management, Managing Relationships, Anger Management, Right Thinking & Tuning Within.**

After each module, there was a lively group discussion where doubts and queries were addressed. There was also a questionnaire at the end of the workshop.

A session on public-speaking and microphone and projector nitty-gritty's (to assist tech.-challenged and stage-fright members) was also conducted.

Each participant would be presenting a mock session and gaining the go-ahead from the mentors before they go out in the

field for service!

Finally, all participants gave their commitment to approach schools and colleges and volunteered to conduct these SMART workshops and take this movement forward. This was the true success of the workshop and what's more, Gurudev would surely be happy to see his Sevaks spreading *Maximum Happiness to Maximum People!!!*

**A talk on Bhagawad Geeta
Chapter 04 by Br. Ved
Chaitanya @ Chinmaya
Prerna from 4th to 8th July**

The sessions witnessed an audience of more around 100 people everyday! It also saw growing young audience.



In the 4th Chapter, Lord first gives the lineage of this knowledge. Then while answering Arjuna's doubt, Lord gave the Avataara-rahasya (Secret of Incarnation).

The essence of Karma-Vikarma-Akarma was discussed along with the fruit of this knowledge.

The 5th chapter is planned from 1st to 5th August & 6th Chapter from 19th to 23rd September.

Geeta Doota Workshop by Br. Ved Chaitanya on 9th July @ Chinmaya Prerna

Chinmaya Geeta Fest activity started in Navi Mumbai with a big bang of 80 new enthusiastic Geeta Doota attending the Geeta Doota workshop. Apart from Sevak, Sevikas and Balvihar parents, many teachers from in and around Navi Mumbai schools participated in the workshop.

It was a six-hour workshop with Vedji explaining and expounding



the intricacies involved in chanting of Bhagavad Geeta. He also explained the rules and regulations of Chinmaya Geeta Fest 2016.

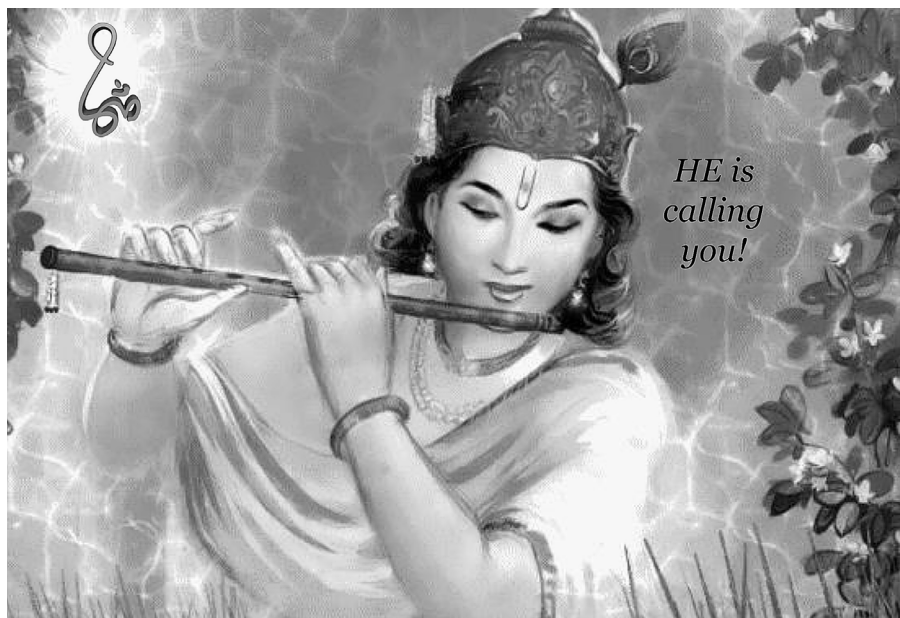
In the second session he expounded on the meanings of the verses in Chapter 16. The session ended with all Geeta Doota promising to work in their respective areas in co-ordination with the central team.

Gurupoornima Celebrations @ Chinmaya Prerna

For the past 4 years, study group members of Navi Mumbai come together and make a presentation on the given topic. This year too the same method was followed and the topics given to the members were based on the life, teaching and works of Bhagawan Adi Shankaracharyaji. It was divided into 13 topics and given to each study group.

After a group discussion each study group presented their views during the program. It was seen that all study group members participated enthusiastically and also graced the occasion.

Br Ved Chaitanya summarizing the whole topic shared his views on 'Shankaracharyaji's entire work'. At the end Guru Padukapooja was performed by our pre-chyks. The function ended with Mahaprasad for all.



*HE is
calling
you!*

Thursday 13th October (4.30PM) to
Tuesday 18th October (lunch), 2016

**Rs 3500
per person**

Shri Krishna Leela

A Camp in **Hindi** by Swami Advaitananda



A Joyful Celebration of
His Presence At

**CHINMAYA VIBHOOTI
Vision Centre, Kolwan, Pune**



CONTACT: cvswagat@chinmayamission.com +91-9689891959

Can you hear the call of His flute?



Chinmaya Mission Mumbai

Invites you to

Meditation for Peace

Weekend retreat by

Swami Swatmananda

(Acharya, Chinmaya Mission Mumbai)

Highlights

Talks on Meditation

Guided Meditation, Relaxation, Mantra-Meditation

Yoga, Om-Chanting, Gayatri Havan,

DVD talks of Swami Chinmayananda

Solitude, Group Discussions, Bhajans & Satsang

Aarti at Pranav Ganesh & Hanuman Mandir

Chinmaya Jeevan Darshan,

Chinmaya Akhanda Jyoti, Chinmaya Vani

23rd Sept. (Friday) 7.00 pm to 25th Sept. (Sunday) 1.00 pm

Eligibility: 18yrs and above

Venue: Chinmaya Vibhooti, Kolwan,

Donation(Non-Refundable): Rs.2000/- per person

(Shared accommodation)

(Includes stay, food and camp material)

Participants must reach Chinmaya Vibhooti

by 23rd September 5.00 pm latest.

To & Fro Travel by Bus will be arranged at extra cost of Rs.1500/-

For Registration contact:

JaishreeRao - 9167009532 • Sunitha Shanker - 9930297647

Email: chinmayashivam@gmail.com

Spiritual Sadhana Camp in Marathi

At Chinmaya Ashram, Kolhapur
(Toap-Sambhapur, Maharashtra)



by Puja Swami Tejomayanandaji

13th November 5.00 pm to
18th November 2.00 pm

Upadesh Saar

Camp - Donation :
(non refundable - non transferrable)

- A Type Accommodation**
(Sadhak Niwas near Prasadalya) : Rs. 3500/-
- B Type Accommodation**
(Dwarka building, 200 meter away) : Rs. 2500/-

Site - Seeing tour

Visit to famous Mahalakshmi temple of Kolhapur and
Pandharpur Yatra can be arranged (up to 19th Nov evening)

For Registration :

Kindly send personal details (Name, Address, Age, Phone Numbers,
e-mail ID etc.) along with Camp - donation, by At Par Cheque in
favour of "Chinmaya Seva Trust Maharashtra" to
Swami Atmadevananda, Chinmaya Ashram, Toap-Sambhapur,
Kolhapur 416 122. Maharashtra (Mobile: 0 96230 74457)

OR

Deposit Camp-donation directly in Chinmaya Seva Trust
Maharashtra A/c in Bank of Baroda (Branch: Nagaon 416122,
Kolhapur). Saving A/c No : 11530 10000 2244

(RTGS : BARB 0 NAGAON) and send personal details by SMS or
by e-mail to atmadev@gmail.com

Sponsorship for the whole camp : Rs. 1,00,000/-

Chinmaya Vibhooti presents
Sampoorna Tulsi Ramayana
In Hindi

with Pujya Guruji Swami Tejomayananda
December 23 – 31, 2016

9 Days of Divine Discourses in Hindi
with highlights including

Complete Recitation of Tulsi Ramayana,
Yajaman Seva Opportunities, Utsav Celebrations,
and Vishnusahasranama Archana on December 31st

Donation

Prior to November 1, 2016: Rs. 6,500/-

After November 1, 2016: Rs. 7,000/-

Chinmaya Vibhooti Swagat Team | M: +91-9689891959 | Email: cvswagat@chinmayamission.com
Chinmaya Vibhooti, Post Kolwan, Taluka Mulshi, District Pune 412108, Maharashtra, India



Summer School 2016
kalaṃyoga
the heart of indian art
the philosophy and practice of indian art and culture

**JULY
2 – 11
2016**

with Śatāvadhāni Dr. R. Ganesh as Academic Director
Dr. Shrinivasa Varakhedi as Programme Director

The Summer School 2016, Kalāyoga: In this Summer School, participants will explore the depths of different Indian Art forms and appreciate their rootedness in Sanskrit poetry and envision the oneness that pervades diverse art forms such as literature, music, dance, drama, painting and sculpture.

Camp Fees (non-refundable)	For Indians	For Others
For College and University Students	₹ 6,500	US\$ 500
For Others	₹ 11,000	US\$ 800

Fees includes saatvik vegetarian food and accommodation and does not include travel to the venue.

Contact Arundhati Sundar: +91-9061-972-220

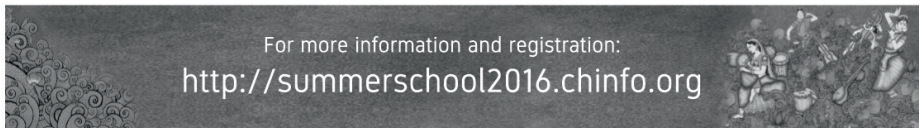
Manisha Makhecha-Bhagat: +91-9995-113-322

Sudhanshu Bhushan: +91-9312-236-528

Email: summerschool@chinfo.org

Chinmaya International Foundation, Adi Sankara Nilayam, Veliyanad,
Ernakulam – 682313, Kerala, India

+91-484-2747307 | office@chinfo.org | www.chinfo.org



For more information and registration:
<http://summerschool2016.chinfo.org>

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INTERNATIONAL
FOUNDATION

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Diwali 2016
with Gurujī



Vedanta Unveiled



Experience Sublime Satsang with
Pujya Gurujī Swami Tejomayananda

Head, Chinmaya Mission worldwide

on Ādi Śaṅkarāchārya's Dakṣiṇāmūrti-stotram

28th Oct to 3rd Nov 2016

at Ādi Sankara Nilayam

(Maternal birth home of Ādi Sankaracharya)

Upacharyas

Talks on Śrī Śuka Maharṣi's Śukāṣṭakam by Swami Advayananda

Guided Meditation & Diwali Pūjā by Swami Sharadananda

Camp Donation (non-refundable, on twin-sharing basis)

Non-AC Accommodation

Indian Residents: ₹ 8,500

Overseas Residents: US\$150

AC Accommodation

Indian Residents: ₹ 11,000

Overseas Residents: US\$200

For more details, contact

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Register online @ www.chinfo.org/vedanta-unveiled

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A retreat with

Swami Tejomayananda



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Kapil Gita

(A unique mother-son dialogue)

and

Chatushloki Bhagavatam

(Essence of Bhagavatam in 4 verses)

in English

from 23rd to 28th September 2016
at Chinmaya Gardens

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- ★ Bond with fellow seekers

Camp Donation

(Non refundable)

Rs. 5,000 / US \$80 per person

Rs. 3,000 / US \$50 per person (dormitory)

Rs. 8,000 / US \$120 per person for (AC accommodation)



Upacharya
Swamini Vimalananda

For registration and further enquiries contact

Camp Coordinator

Administrator, Chinmaya Gardens

Nallur Vayal Post, Coimbatore - 641 114.

Phone : +91-422-2615637 / 2613493 Mobile : +91 9360461566

Email : chinmayagarden@gmail.com.

Register online at www.chinmayagardens.com

Chinmaya Mission invites you to a spiritual camp in Sidhbari

Retreat & Re-connect with Advaita Vedanta



6 to 13 November 2016

Camp Acharyas

Swami Advaitananda

(Acharya, Chinmaya Vibhooti, Kolwan)

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(discourses in English)

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Br. Yukt Chaitanya

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- Swami Chinmayananda



Chinmaya Vishwavidyapeeth

&

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YEP 10

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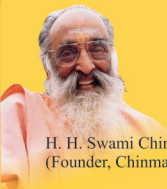
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 Licence to Post without Pre Payment No. MR/Tech/WPP-168/South/2016
 Date of Publication : 3rd of every Month
 Posted at Mumbai Patrika Channel Sorting Office,
 Mumbai - 400 001 on 3rd & 4th August 2016
 R.N.I. No. 20894/1972



H. H. Swami Chinmayanandaji
 (Founder, Chinmaya Mission)

!! Hari Om !!
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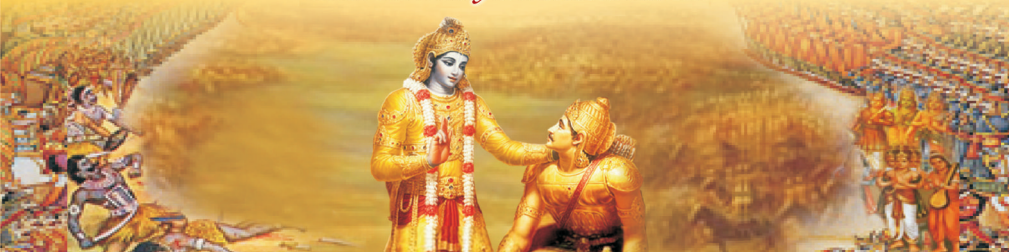


H. H. Swami Tejomanandaji
 (Global Head, Chinmaya Mission)

Chinmaya Geeta Fest 2016

Bhagawad Geeta Chapter - XVI

Chant... Study... Know... Live...



Grouping & Portion

Group	Standard / Age	Stanzas	No. of Stanzas
A	Nursery & Kg's	1 to 5	5
B	I & II	1 to 10	10
C	III & IV	1 to 15	15
D	V & VI	1 to 20	20
E	VII & VIII	1 to 24	24
F	IX & X	1 to 24	24
G	16 to 30 yrs	1 to 24	24
H	31 to 60 yrs	1 to 24	24

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Contact Details

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Jogeshwari to Juhu upto W. E. Highway	98212 61313
Vile-Parle to Bandra	98206 02890
Prabhadevi to Mahim to Sion	98921 67138
Worli to Colaba	98210 11345
Chembur, Kurla, Anushakti Nagar	99877 02690
Ghatkopar to Vidya Vihar	98203 49801
Andheri (E) to Powai IIT	98925 91238
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Registration Donation per Competition Rs. 30/-
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- With Prem & Om

Br. Ved Chaitanya - 8691020828 / Mr. Parindra Kadakia - 9769000928
 Chinmaya Prerana, Plot No. 29, Sector 5, Kharghar, Navi Mumbai - 410210

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